



Sarupa Shah

And what is that something? Broun describes men as 'secondary females' citing scientific findings that the first humans were female and men came about later. This idea that women did quite well without men at the dawn of time taps into a male fear of redundancy. Some commentators have speculated that the reason goddess worship flourished in ancient times was the awe that men had of women being able to give birth and create life, and that this continued until they figured out their own role in the process.

Fertility has always been an important part of the reason to worship any deity: harvests were assured if the right god or goddess was appeased and disposed to be benevolent – but how do you get fertility from an infertile god? Broun again: 'I think we're alienated from nature because within our state religion when Jesus was created as a god, not a man but as a god, he was created as a sterile god and when you promote a sterile god, you get alienation from nature and the destruction of the planet, as we've seen. Jesus leads to Monsanto, basically.'

## Already Perfect

Sarupa Shah, entrepreneur, mentor and spiritual guru, is passionately opposed to any duality in our way of looking at spirituality. 'My background is in healing and channelling and now I work with many business people, helping them align to their divine purpose. I have a wonderful spirit team and I talk to them about this stuff. When someone says 'manifest as a woman' or 'be a feminine business leader', it kind of makes my skin crawl a little bit.

'Apparently this kind of shift has been happening every thousand years, according to my spirit team. It's a paradigm energy of duality and it's really interesting because a lot of the women who are saying these things have no idea that in a previous

life they were probably men anyway. This energy stuff of divine feminine or goddess energy is getting mixed up with the sexes, turning into men and women. It's saying certain activities are more feminine so visualisation is a feminine activity, creativity is the domain of the feminine and being powerful is the domain of a man, or being controlling

or taking action is more masculine. I hear women on various stages saying, "When I worked in the corporate world, I used to think like a man", and actually if you're a woman, it is impossible to think like a man because you're a woman.

## *"When we debate about the masculine and feminine, do we lose the spirituality?"*

'It is very *Animal Farm* for me with women telling women "you're not good enough, you're not a good enough woman yet." It's a very blurry area because the truth of this feminine energy – and it is part of the old paradigm to keep doing this separation – is actually about balancing of energies but in order for something to survive, the energies have to be in balance anyway. Otherwise it would be dangerous. Within me and within you we have a balance of masculine and feminine energy and that has nothing to do with whether you're a man or a woman. It's just how the universe works, it works in balance.'

How does Shah define the masculine and feminine if she nevertheless acknowledges that we are a balance of the two? 'It's just a different frequency of energy, heaven and earth, how everything has existed. It is not about defining something, definition is a diversion. Trying to compartmentalise what is masculine and what is feminine is making a lot of women feel very inadequate. Because you're almost being told by other women that you're not feminine enough if your life isn't going the way you want it to... because you're not manifesting like a feminine goddess. Change how you dress and be

more feminine: it's all these things that I expect the suffragettes would be rolling around in their graves and thinking, "Oh my goodness, we fought so hard for people to be who they want to be and now this".'

But we do know that connecting to a divine source gives us a sense of power, inspiration and joy. I myself have had the energies of the goddess Kali with me throughout my life and have felt very blessed to have a powerful ally in my everyday life. Caeliss has found love for herself and others through the benevolence of the goddess Aphrodite. Broun works with the powerful goddess Isis and says that channelling deities is an extremely powerful way to change frequencies and energies. Thornton feels nurtured when working with Mother Earth. These are all profound experiences with the Goddess but when we engage in debate about the masculine and feminine, do we lose sight of the spirituality?

'If we look at the spiritual truth that you're already perfect and you have everything that you need,' says Shah, 'why then would we on the next page and the next chapter say that you are deficient because you are not being feminine enough or you're not connected to a goddess energy enough and therefore you're deficient in some way? That's a very 'lack' perspective and it is a contradiction to the truth that we are all perfect, we are born exactly as we need to have the experiences to resolve the karma that we need. Accept who you are and start from the place where you're already enough. That's true abundance. And that leads to wholeness so we don't try to define it from what is increasingly becoming a definition of sex and not a definition of energy any longer.'

## Find out more

Taz Thornton:

[www.firechild-shamanism.co.uk](http://www.firechild-shamanism.co.uk)

Sheila Broun:

[www.goddessstudycentre.co.uk](http://www.goddessstudycentre.co.uk)

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